



Newsletter 5: July 2016



## @MINDSET Project

The final Conference "Managing conflicts and bullying phenomena within school environment: presentation of good practices, experiential workshops and interactive theatric performances aiming at the prevention and effective handling of such phenomena."

Saturday the 4<sup>th</sup> June 2016, Ellinogermaniki Agogi, Athens, Greece.

After the Welcome and overview of @MINDSET conference, by Dr. Anna Zoakou, the morning session was followed by the following inspirational talks



Social Stories: A method of preventing school violence and bullying, by Stefanos Alevizos, Psychologist, "The Smile of the Child".

Developing the @MINDSET Conflict Prevention Programme, by Dr. Bobbie Fletcher, from Staffordshire University.

Guidelines for conflict situations and talking, by Claudia Boeck, from BEST Institut für berufsbezogene Weiterbildung und Personaltraining GmbH

Challenging Diversity in Education: Good Practices and Pedagogical Tools, by Caterina Miele, from Naples University.

On the way out of Poverty: Action through participatory methods, by Prof. Katerina Plakitsi and Athina Kornelaki, from University of Ioannina.



These were followed by Parallel Experiential Workshops

1. Activities and Games for Non-violent Communication: classroom implementation and school mediation, Nikos Kyriotakis: Professor of Physics, Person-Centred and Focusing-Oriented Counselling, Hellenic Focusing Center, Pavlos Zarogiannis: Psychotherapist, Supervisor, Instructor, Person-Centred and Focusing-Oriented Counselling, Hellenic Focusing Center.

2. How can Focusing approach contribute to the successful handling (identification, prevention, management) of bullying? Marika Rellou, Psychotherapist, Person-Centred and Focusing-Oriented Counselling, Hellenic Focusing Center.

3. How to design and develop educational activities and pedagogical approaches aiming at the efficient handling of bullying via dramatization, group work and role playing, Panagiota Dragatogianni, Physical Education teacher M.Ed., Natassa Michailidou, Educator of Theatre Studies.

The Afternoon session began with two more inspirational and thought provoking talks

Good practices and approaches for the prevention and handling of bullying within school environment, by Eleni Dimitriadi, Chryssa Papachristou, Vassiliki Zagarelou, from Ellinogermaniki Agogi.

Emotional education as a tool of bullying prevention: activities and experiences of students from 3 to 12 years old, by Rut Gregori Peiró, Paulina López Lopez and Pep Torres , from CEIP.



The Conference concluded with an Interactive Performance, by “Topos Allou” Theatre: “John “X”= Stranger”. The text is the final product of cooperation between two theatres: Topos Allou and Taastrup teater of Copenhagen; it handles bullying and it is specially adapted to address educators and parents. Direction-text adaptation, Nikos Kamtsis.